



Conover Road Elementary School

76 Conover Road, Colts Neck, New Jersey 07722

1/4/17 (revised)

Dear Parents and Guardians,

The following clubs are being offered at CRES for 2016-17. Please complete the last page of this PDF and return to your child's homeroom teacher if you are interested in one or more of the clubs listed below. **There may be additional clubs added at a later date. Please note that all clubs have a capacity and will fill on a first-come, first-serve manner. We cannot guarantee availability of any club offering.**

All Clubs will be held immediately after school from 3:30-4:30PM. Parents are required to pick up their children and are asked to arrive prior to 4:30. Students will be signed out in the cafeteria.

At capacity: Coding Club: Grades 3, 4, and 5: Students in this club will create unique web-based games and activities of their very own. Each student will create a "Scratch" (scratch.mit.com) account and learn how to apply coding skills to create user-generated content.

Advisor: Mr. Schell (parent) with Mr. Kennedy

Dates... - Thursdays - 1/12, 1/19, 1/26, 2/2, 2/9, 2/16, 2/23

Fitness Club: Grades 3, 4, and 5: This club is based upon the 5 components of physical fitness. Activities will revolve around increasing the students' flexibility, muscular strength, muscular endurance, cardiovascular fitness, and body composition. Students will learn ways to increase their fitness levels and have fun at the same time.

Advisor: Mr. Kley

Club #1 – Tuesdays & Thursdays - 11/29, 12/1, 12/6, 12/8, 12/13, 12/15;
Wednesdays - 1/4, 1/11, 1/18

Club #2 – Add'l offering for different students. Dates TBD

Mr. James Osmond
Principal
(732) 946-0055
Fax: (732) 858-8582



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Club #1 At capacity: PE Games Club: Grades 3, 4, and 5: Students will be exposed to a many different games and activities. The different games and activities will be used to spur student interest in living a healthy and active lifestyle. Team sports, individual sports, and fan favorites from PE class will be highlighted.

Advisor: Mr. Kley

Club #1 – Wednesdays - 11/30, 12/7, 12/14; Tuesdays & Thursdays - 1/3, 1/5, 1/10, 1/12, 1/17, 1/19

Club #2 – Tuesdays & Thursdays - **February 2, 7, 9, 14, 16, 21, 23, and 28th**

Yoga Club: Grades 3, 4, and 5: The Yoga Club will introduce students to the basic poses and sequences in yoga while incorporating mindfulness, relaxation techniques, and focus. In this club, students will have an opportunity to gain the many benefits of yoga including strength and flexibility, as well as improving mental and physical health. Yoga promotes total body strength and endurance by using your own bodyweight as resistance. Students will see improvements in posture, balance, and coordination while strengthening the mind-body connection to promote a healthy and active lifestyle.

Advisor: Ms. Lowes

Club #1 - At capacity - Dates...Wednesdays - 12/7, 12/14, 12/21, 1/4, 1/11, 1/18, 1/25, 2/1, 2/8, 2/15

Club #2 - Still available -Tuesdays - 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7

Exercise Science Club: Grades 4 & 5: The Exercise Science Club will give students the opportunity to explore how the human body works, focusing on the body's response to movement and exercise. Through "hands-on" activities, experiments, and active movement, students will discover what is happening inside their bodies and how we adapt and change in different environments.

Advisor: Ms. Lowes

Dates...Thursdays - 12/8, 12/15, 12/22, 1/5, 1/12, 1/19, 1/26, 2/2, 2/9, 2/16



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Statistics of Sports Club: Grade 3&4 ONLY: Students in this club will apply their math skills to learn about the statistical components of a variety of popular sports including, but not limited to, baseball, football, and basketball.

Advisor: Mr. Osmond

Dates... Tuesdays - 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21

Homework Helper Club: All grades: A teacher will supervise and support students as they work to complete their homework. This is targeted to students who have troubles completing their homework at night...

Advisor: Ms. Junay

Dates... 12/7, 12/12, 12/14, 12/19, 12/21, 1/4, 1/12, 1/19, 1/23, 1/25, 1/30, 2/1, 2/8, 2/13, 2/15, 2/22, 2/27, 3/8, 3/13, 3/15, 3/20, 3/22, 3/27, 3/29, 4/5, 4/19, 4/24, 4/26, 5/3, 5/8, 5/10, 5/15, 5/17, 5/22, 5/24, 5/31, 6/7, 6/12, 6/14

At capacity: Minecraft Club: All grades: This is a special interest club for students who play Minecraft to work on projects including how to manage a dedicated server, teaching elementary school students academic concepts through Minecraft. Those who play on the survival world will experience a world where students can interact with each other through activities such as building, bartering and trading.

Advisor: Mr. Kennedy

Dates... - Mondays and Wednesdays - 12/7, 12/12, 12/14, 12/19, 12/21, 1/11, 1/18, 1/23, 1/25, 1/30



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Art Club: Grade 4 only: Students will enjoy an artistically relaxing afternoon in the art room. The Art Club will be creating some fun art projects that students will enjoy making. Put your creative talents to use and join us for a fun afternoon. in January/February!

Advisor: Mrs. Rao

Dates... - Tuesdays - 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14, 3/21

Recorder Karate: Grades 3, 4, and 5: Earn belts by learning to play progressively difficult pieces on your recorders. When you have earned a "black belt" you will be able to play nine songs using 8 different notes. Students who attended last year, may learn to play alto and tenor recorder.

Advisor: Mrs. Tarby

Dates... - Mondays and Wednesdays – 3/27, 3/29, 4/5, 4/19, 4/24, 4/26

American Young Voices (AYV): Grades 3, 4, and 5: Students will prepare for a mass arena concert at the Prudential Center in Newark on the evening of June 1, 2017. We will have the opportunity to work with world class conductor Francisco Nunez in a concert of songs from many genres and traditions. This is a unique opportunity. An additional fee will be required to pay for the buses.

Advisor: Mrs. Tarby

Dates... - Mondays and Wednesdays – 5/3, 5/8, 5/10, 5/15, 5/17, 5/22, 5/24, 5/31

Chess/Checkers Club: Grades 3, 4, and 5: Learn the rules and practice strategies to improve your game.

Advisor: Ms. Junay

Dates... - Tuesdays - 1/10, 1/17, 1/24, 1/31, 2/7, 2/14, 2/21, 2/28, 3/7, 3/14



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Please complete and return to the Homeroom Teacher

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Students Name (please print): _____

Homeroom Teacher: _____ Grade _____

Clubs interested in 1. _____

2. _____

3. _____

4. _____

I give my child, _____ permission to participate in the after school clubs listed above. I understand that a fee is associated with participation in clubs. I have enclosed a check in the amount of \$100.00 if I have not already paid this fee for another activity during the 2016-2017 school year. I will provide transportation home for my child at the end of the club on each scheduled session date. I understand that if my child is scheduled to attend a club, he/she will not be put on the bus unless the school is contacted and requested to send the child home on the bus.

Parent Name: _____

Parent Signature: _____

Phone Number: _____

E-mail Address: _____