



2023-2024 Parent Academy April Session

The Colts Neck Township Schools is proud to share its final 2023-2024 Parent Academy. This Parent Academy session is a free presentation designed specifically to share information and resources to support Colts Neck parents.

When registering for this Parent Academy session, please note, the location and time may change and are subject to change to accommodate the number of registered participants. A changes to location and/or time will be communicated via email.

SESSION #6 "Raising Resilient Youth in Challenging Times"

- FACILITATOR: SPTS Associate Clinical Director, Kalisha Smith, LCSW
- DATE / TIME: Thursday, April 11, 2024 / 7:00 PM - 8:00 PM
- LOCATION: Cedar Drive Middle School - Cafeteria
- SESSION DESCRIPTION: "Raising Resilient Youth in Challenging Times". This presentation by the Society for the Prevention of Teen Suicide (SPTS) focuses on building strength and resilience in our teens, and provides parents with the knowledge and information necessary to feel more comfortable and competent in having those difficult conversations with their children. The presentation includes information on current challenges for parents, suicide myths, risk factors and warning signs of suicide, protective factors, and fostering a resilient mindset.

[Click here to Register!](#)

Thank you to all those who came out and attended a session of the Colts Neck Township Schools 2023-2024 Parent Academy.

We are grateful to have been able to present these topics to you all and look forward to a continued partnership in helping the children of Colts Neck.